

“Here at Serenita, we strive towards enabling service users to maximise their potential and promoting independent living skills. We are committed to providing a safe environment for service users where quality of care is paramount. All residents are empowered through personalised support and involvement is highly regarded.”

Milan, Serenita Care Home Manager.

## Serenita

### Type of care:

Providing specialist support for individuals living with mental health problems such as Korsakoff's syndrome and the effects of Alcohol-Related Brain Damage.

**This large Victorian residence is located in Weston-super-Mare within walking distance of the seafront and the famous pier.**

The facilities at Serenita are provided with the intention of enabling independence. The large spacious lounge-diner, historically a ballroom, is a fantastic communal area for residents. Here they can socialise and develop new skills together, through an ongoing activity programme or use the computers with internet access. Our activities coordinator ensures that there is always something going on.

Each day, residents can be found getting involved in cooking, baking, art classes, gardening and growing fruit and vegetables.

Being able to provide a nutritional meal is an important skill and a rewarding and enjoyable social activity for many. Everyone plays an active role in all manner of tasks that keep the home running smoothly. Helping with the laundry, hoovering and general domestic duties are just some of the responsibilities undertaken by many residents.

Serenita has a relaxed and friendly atmosphere. There is always someone going on in the activities area and there are regular outings and fitness sessions which are great for improving mobility, general health and wellbeing.

“Serenita provides the supportive environment, skills and time required to make a real difference to people’s lives. It’s great to see the vitality instilled in people here and the sense of purpose they acquire.”

Milan, Serenita Care Home Manager.



Our home may well be a care home but first and foremost it is a home.

Each room has been created to be a comfortable place to enjoy relaxing in. We also encourage you to bring the little things that make your new surroundings feel like home.

### Our home features:

- 34 single rooms, majority with en-suite facilities
- Lounge areas
- Kitchenette for personal use
- Summer house
- Small vegetable garden
- Patio/barbecue area
- Cafeteria area
- Reading area
- Computers with internet access
- Large lounge - diner
- Full activities programme
- Minibus

### Bedroom facilities:

- Room sizes vary and facilities can depend on the room
- Majority en-suite
- Furnished
- Television
- Call bell system

### 3 Step Enablement Programme

With over 30 years experience in the field of alcohol-related brain damage, we have combined our knowledge and expertise to develop a way ahead.

Our 3 Step Enablement Programme helps an individual to take back control of their life and regain skills to live independently and alcohol free.

### Activities

At Notaro ARBD Care, we understand the importance of meaningful activities. They play a vital role in helping residents live life to the full, whatever their physical ability. Our activities are not only designed to engage mind, body and spirit but to respect and honour residents’ individuality. Our Activities Coordinator is responsible for organising and delivering a fun packed, varied programme which often includes trips out and weekly swimming club, bingo and visits to places of interest.

Visitors are always welcome, call in at your convenience to see for yourself how we support independence.

Serenita Care Home, 15-19 Clevedon Road, Weston-super-Mare BS23 1DA  
T 01934 620195 E [milan@arbdcare.co.uk](mailto:milan@arbdcare.co.uk)

You’ll find more information about this home and our company at [www.arbdcare.co.uk](http://www.arbdcare.co.uk)